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Interview Topic:
**Thriving Through
Tough the Times**

Introduction

The economy takes a toll. Tough times come and go. Life happens. Marnie Swedberg is the mentor to thousands of super busy women worldwide and a frequent question she hears is, "How do you stay motivated through the tough times?"

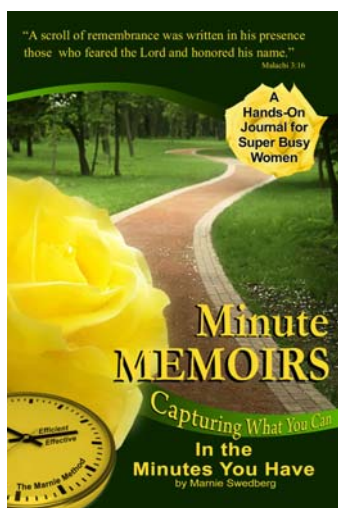
Marnie joins us today to share some inspirational tips she has learned through fires, floods, a burglary, tornado, lightning strike, numerous accidents, sinking boats, struggling businesses and more.

Talk Points

- **Floods.** During a county-wide flood, Marnie's husband left to help with flooding in next city; while gone, their own home was flooded. Life lesson: Tackle one raindrop at a time.
- **Totaled Car.** The story of a surprising way to find a husband! Life Lesson: If you crash, don't burn!
- **Exhaustion & Depression.** New babies, new jobs, new businesses... life can demand more than we think we have to give. Life Lesson: This too shall pass.
- **Learning Disabilities.** The reality of how struggling through a weakness or disability can result in tenacity, determination and unique skill sets. Life Lesson: Put forth marathon determination in your own areas of challenge to gain unique benefit from every weakness.
- **Outrunning a Tornado.** Sometimes you don't see it coming! Life Lesson: Even if you miss the memo, life often gives you a second chance.
- **Fire.** Marnie has lived through three, one despite an "all clear" by an electrical inspector the week before. Life lesson: At each point of concern, stop, call for help, do your best and then go forward.
- **Burglary.** Love it & lock it, you still might lose it. Life Lesson: Hold everything with an open hand.
- **Hospitalizations, Ambulance Rides, Sudden Death of Family Member,** Every life has trauma. Life lesson: Life is short. You never know. Carpe diem – seize the day!

Extro

Marnie provides life focus to thousands of women worldwide through her website at Marnie.com. Learn more about her and her book series for Super Busy Women at www.Marnie.com.



Minute Memoirs

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